

Task 4	_____ reps _____ /5	_____ reps _____ /5	_____ reps _____ /5	_____ reps _____ /5	_____ reps _____ /5	_____ reps _____ /5	_____ reps _____ /5
Task 5	_____ reps _____ /5	_____ reps _____ /5	_____ reps _____ /5	_____ reps _____ /5	_____ reps _____ /5	_____ reps _____ /5	_____ reps _____ /5

KEY:

1 = Can't do it at all

2 = A lot of trouble completing task

3 = Some trouble completing task

4 = A little trouble completing task

5 = No trouble completing task